



## SNACK CRITERIA PER PACKAGE

<b>Calories</b>	≤200
<b>Saturated Fat*</b>	≤2 g
<b>Trans Fat</b>	0 g
<b>Sodium</b>	≤200 mg
<b>Fiber*</b>	≥2 g
<b>Sugar*</b>	≤10 g
<b>First Ingredient</b>	Fruit, vegetable, dairy product, nut, seed or whole grain

*\*Exemptions apply*

THE HEALTHIER COLUMBIA FOOD AND BEVERAGE INITIATIVE

[www.worklife.columbia.edu/healthier-columbia](http://www.worklife.columbia.edu/healthier-columbia)

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