

Interested in losing weight?



We are studying appetite and hunger by looking at changes in hunger-related proteins with varying methods of weight loss.

Looking for subjects who are:

- Overweight (BMI $\geq$ 35)
- Not taking any medications for diabetes
- Willing to be placed on a low-calorie liquid diet

You will be given shakes for all meals and meet with a Registered Dietitian for behavioral/lifestyle counseling. You will be monitored closely with blood tests during your weight loss.

If you qualify to participate, you will receive monetary compensation upon completion of the study.

If interested, please contact the Weight Control Center at Columbia University Medical Center:

Phone: (212) 342-0281

Email: gjf41@columbia.edu

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